



MODULE II AWARE - LESSON VII - PURE INTENTION

SUPPORT MATERIAL: BALANCE

We can roughly define intention as determination to have and to act. Intention gets realized, and not desire.

Wish to raise your hand – the idea is formed in your mind, you are aware that you want to raise your hand. But will wishing raise it? No, desire by itself does not produce any action. Your hand will lift only when you are not focused on the thought for the desire and only the determination to act has remained.

But wait a second! There's another element here that we will clarify.

Perhaps determination will raise your hand? Also no. You took the final decision to raise it, but it still does not move. What then will raise your hand?

Now comes the helplessness of the limited mind to give a convincing explanation of what is intention.

The definition that intention means; to have a determination to have and to act, is only a prelude to the power that implements the action.

Now we can only state the fact that the hand is raised not by desire and determination, but by the intention. Intention is divided into outer and inner.

Inner intention is related to directly influencing the world.

Outer intention is the choice to have, when the world becomes subject to human will.

Inner intention focuses on the details and process of our own movement towards the goal.

Outer intention focuses on how the goal gets realized by itself.

The Goal can be “accomplished” by Inner intention, while it is simply chosen with Outer Intention. Everything about the magic and the paranormal refers to Outer intention. What can be achieved within the normal world views, is achieved using the force of the Inner intention.

To subject outer intention to your will you have to wipe all limiting thought from your mind and establish harmony between the heart and mind in positive striving.

[Type here]

READ
REALITY TRANSURFING STEPS I-V CHAPTER VI.
INTENTION. The Magical Power of Intention

SUMMARY

- *It is not desire that is realized but intention, the resoluteness to have and to act.*
- *Inner intention is the concentration of attention on how the goal realizes itself.*
- *Inner intention strives to impact the outside world directly.*
- *Outer intention is the concentration of attention on how the goal realizes itself.*
- *Desire and action becomes pure intention.*

Q & A

- **Q:** What is the main reason why desires go unfulfilled?
- **A:**
- **Q:** Why is it that our hopes and wishes mostly, do not get realized?
- **A:**

READ
REALITY TRANSURFING STEPS I-V CHAPTER VI.
INTENTION. Outer Intention

SUMMARY

- *Desire is the concentration of attention on the goal itself*
- *Inner intention is the concentration of attention on how the goal is realized of its own accord*
- *Inner attention achieves the goal and outer intention chooses it*
- *Inner intention is resoluteness in the decision to act*
- *Outer intention gives the green light for the autonomous realization of the goal*
- *If you want to exercise control over outer intention you have to wake up*
- *Outer intention is the unity of heart and mind*
- *Outer intention is the power that makes Transurfing possible*

Q & A

- **Q:** How does our will negatively affect the application of outer intention?
- **A:**
- **Q:** Give some examples of the use of outer intention.
- **A:**

[Type here]

CONCLUSION

A thorough understanding of how inner and outer intention works is clearly one of the fundamentals and most powerful tools you can develop by applying the Reality Transurfing Model.

Much can be achieved through the work of inner intention, however the use of outer intention is like operating a well-oiled machine as opposed to a machine that does not operate in an ideal manner.

Working with inner intention has many downsides including, a continual loss of free energy, stress from toiling and worrying, and being regarded as someone who cares little for anyone or anything and is left to gain whatever successes alone.

Outer intention on the other hand is the essence of magic. When working with outer intention, life becomes simpler, easier and much more of your intended goals come to you in an effortless joyous way.

You will no longer feel as though you are fighting the world for what you feel you are owed, it will simply be delivered to you.

HOMEWORK

Observe where you function from most, inner or outer intention. Objectively, non-judgementally become aware of your thoughts and feelings.

Be Awake in your interactions with people, be it family, friends or colleagues in everyday living.

When noticing, you are acting from old set programmed patterns that limit your true expression, shift your focus to perceiving outer intention at work.

Notice the subtle changes and acknowledge this new quality of life, feed it with feelings of Joy, Love and Gratitude.