



MODULE II AWARE - LESSON VIII – LUCID DREAMING

SUPPORT MATERIAL: BLUE BIRD of HAPPINESS, TRANSURFING and the LAW of ATTRACTION

In this lesson we will discuss the dream world which is a precursor to one of the most valuable lessons in Reality Transurfing which is the knowledge and practice of knowing and using inner and outer intention.

We will learn how to make the knowledge of the dream world work for us while sleeping and awake.

Life is but a living dream and the parallels between lucid dreaming, the act of controlling one's actions within a sleeping dream, and the act of controlling one's life while awake cannot be disputed in Reality Transurfing, these concepts, very simply put, are one and the same.

Just as with lucid dreaming our thoughts can instantly impact the course of events. This holds true in our waking life as well.

In this lesson we will take a look at the dream world and how this knowledge will assist you in a firmer understanding of both inner and outer intention. This lesson will prepare you for the valuable information to come, where learning the difference and ultimately mastering the art of working with outer intention will allow you access to sectors in the Space of Variations you only believed existed in dreams.

READ

REALITY TRANSURFING STEPS I-V CHAPTER VII. INTENTION. Lucid Dreaming

SUMMARY

- *In conscious dreaming the mind controls the game script.*
- *The soul will not necessarily return if it flies into a realized sector of the Space of Variations*

Q & A

- **Q:** How can the act of asking yourself if you are awake, positively impact your waking life as well as your dream life?
- **A:**
- **Q:** What do you think Zeland is conveying when he talks about lucid dreaming
- **A:**

[Type here]

READ

REALITY TRANSURFING STEPS I-V CHAPTER VII. INTENTION. The Dream Space

SUMMARY

- *The subconscious directly connects to the Space of Variations and the information it contains*
- *The brain does not store information itself but the address to where the information is located in the Space of Variations*
- *The soul chooses a script that corresponds to the dreamer's thoughts and expectations*
- *Dreaming is the virtual journey of the soul through the Space of Variations.*
- *Dreams should not be interpreted as signs.*

Q & A

- **Q:** So, if you have a dream that you live in a big house, in a neighbourhood you don't recognize with people you do not find familiar what exactly is going on here?
- **A:**
- **Q:** So, why is dream interpretation pointless?
- **A:**

CONCLUSION

The parallels between the dream world and the waking world are obvious. We are in control as much as we believe or allow ourselves to be. If you remain aware, you remain in control of the script. Lucid dreaming is not a crucial aspect of Reality Transurfing however, lucid living absolutely is. As Zeland states, anything is possible within the dream realm except pulling actually material items through into your waking world. This is not however the case with pulling material through the space of variations into the waking world. With the right knowledge and awareness we can be more in the driver's seat in our material world than is commonly believed.

HOMEWORK

READ

REALITY TRANSURFING STEPS I-V CHAPTER VII. – INTENTION. Lucid Dreaming.