



Balance

Excess potential is created when you attribute undue importance to your assessment of a situation.

The importance you personally attribute to something imbues your assessment with energy.

The power of excess potential is created and increases when your assessment of an event represents a distortion of reality.

Balancing forces are then activated, aimed at eliminating excess potential. The action of balanced forces is often the opposite of the original intention that created the potential.

When letting go of a situation “Renting Yourself Out”, instruct your “Inner Guardian” to support you in remaining impeccable.

Discontent and judgement will always turn balanced forces against you. It is essential that negative reacting habits be substituted with an infusion of positive attitude.

Unconditional love is admiration without worship or the need to possess.

Setting conditions and making comparisons leads to dependent relationships. Dependent relationships create excess potential. Idealization and overestimation always end in disillusionment.

To experience reciprocal love you must let go of the right to possess and instead give what you want back.

You always have to pay for expressions of contempt and vanity. Let go of the need to assert your superiority.

Striving to hide shortcomings creates the opposite effect. Your positive qualities compensate for any inadequacies.

The greater the importance of your goal, the less likely you are to achieve it. Desires are realized when they are free of excess potential created by undue importance and dependency.

Let go of feelings of guilt and the need to justify your actions. To let go of guilt, it is enough to give yourself permission to be yourself.

To get rid of something normally means to fight against it but in the context of Transurfing there is no need to battle or force yourself to do something. In Transurfing it is preferable to “Ignore” it, not avoid it.

Awareness and intention enable you to ignore the pendulum's game and claim what is yours without having to fight for it.

You do not have to suppress your feelings and desires. It is enough to live by your own Uniqueness. No one has the right to judge anyone and you have the right to be yourself.

If you allow yourself to be you, the need for self-justification will fall away and the fear of being wrong will fade. Something truly remarkable will then happen: No-one will dare insult you.

Moreover, wherever you happen to be, in prison, in the army, in a gang, at work, on the street or in a bar, you will never again find yourself in a situation where somebody will threaten you with violence.

Others may from time to time, be subject to violence in one form or another, but because you have renounced the feeling of guilt and driven it from your subconscious you will reside on life lines where scripts of punishment simply don't exist.

Having let go of inner and outer importance you acquire freedom of choice. The projection of importance is the only obstacle on the way to fulfilling your desires.

Do not try to overcome obstacles; reduce the amount of importance you project onto them. Take care without worrying.